

Southern Highlands Cycling Club

Clothing Sizing Guide

Men's jerseys are available in "Race Cut" and "Club Cut".

Race Cut: We designed our race cut jersey based on a European fit. It's a tailored design worn by only the fittest cyclists who are lean and mean. Think pro riders, elite category 1 and 2 riders and those super-fit skinny guys who love to go up mountains fast. Just because you're a racer doesn't mean you should automatically order the race cut. We know lots of racers who order the club cut. Why? Because although they race almost every weekend, they still have a larger build and the tight-fitting Euro race cut just won't do the job.

Club Cut: For everybody else we offer the club cut. Mind you, our club cut is not a baggy potato-sack jersey. It's still a classic cycling jersey that fits the majority of our customers—even the racers who are not as slim as they might think. Not sure which cut is for you? Did we mention you should order the size kit?

All our garments are based on our jerseys and short patterns. Keep in mind that outer layer garments like vests and jackets are designed to be worn over other garments so when in doubt order a size up. For skinsuits and tri suits, we suggest ordering the same size as your short.

Men's Race Cut Jerseys							
Size	XS	S	M	L	XL	XXL	XXXL
Chest (in/cm)	36 / 91.5	38 / 96.5	40 / 101.5	42 / 106.5	44 / 112	46 / 117	48 / 122

Men's Club Cut Jerseys							
Size	XS	S	M	L	XL	XXL	XXXL
Chest (in/cm)	38 / 96.5	40 / 101.5	42 / 106.5	44 / 112	46 / 117	48 / 122	51 / 129.5

Note:

- Only men's jerseys are available in "race" and "club" cut. Use the "race cut" measurements for all jackets, vests and skinsuits.
- Since jackets and vests are typically worn over another item we suggest ordering a size up for the garments if you are between sizes.
- For skinsuits, order according to your short size. For example, let's say you wear a large jersey and medium short. If you are planning on ordering skinsuits we would recommend ordering a medium skinsuit.

Men's bottoms							
Size	XS	S	M	L	XL	XXL	XXXL
Waist (in/cm)	28 / 71	30 / 76	32 / 81	34 / 86	36 / 91.5	38 / 96.5	40 / 101.5

Women's Tops						
	XS	S	M	L	XL	XXL
Chest (in/cm)	30 / 76	32 / 81	34 / 86	36-38 / 91.5-96.5	40 / 101.5	42 / 106.5

Women's Bottoms						
Size	XS	S	M	L	XL	XXL
Waist (in/cm)	25 / 63.5	26 / 66	27-28 / 68.5-71	29-30 / 73.5-76	33 / 84	35 / 89

Children Jerseys					
Size	XS	S	M	L	XL
Chest (in/cm)	21.5 / 54.5	26.5 / 67	28.75 / 73	31 / 79	33.75 / 85.5

Arm / Knee / Leg Warmers			
Size	Weight	Sleeve	Inseam
XS	50-55 kg	29"	28"
Small	55-65 kg	30-1/2"	30"
Medium	65-75 kg	32"	32"
Large	75-85 kg	33-1/2"	34"
XL	85-100 kg	35"	36"

Glove Size Chart	
Size	Width
XS	6-7" / 15-18 cm
Small	7-8" / 18-20 cm
Medium	8-9" / 20-23 cm
Large	9-10" / 23-26 cm
XL	10-11" / 26-28 cm

Socks Size Chart	
Size	Euro Shoe Size
Small	40-42.5
Medium	40-42.5
Large	43-45.5
XL	46+



Width refers to palm circumference measurement taken around the widest part of the palm below the knuckles.
For accurate sizing be sure to measure with the hand flat.
Shoe Covers and Caps: one size fits most